## Information For the User Telmisartan 40mg

# **Telbolife 40 Tablet**

**Brand Name: Telbolife 40 Tablet** 

**Dosage Form**: Tablet

Therapeutic Category: Antihypertensive

### **Composition:**

Each uncoated tablet contains:

• Telmisartan I.P. -40 mg

#### **Description**:

**Telbolife 40 Tablet** contains **Telmisartan**, a potent angiotensin II receptor blocker (ARB). It works by blocking the action of angiotensin II, a substance that narrows blood vessels. By inhibiting its effect, **Telmisartan** helps relax the blood vessels, effectively lowering blood pressure and improving circulation.

#### **Indications**:

- Treatment of essential hypertension in adults.
- Reduces the risk of cardiovascular events such as stroke and heart attack in hypertensive patients.
- Used alone or in combination with other antihypertensive agents.

### **Dosage and Administration:**

- **Recommended Dose**: 1 tablet once daily.
- **Administration**: It may be taken with or without food. Take the tablet at the same time each day to maintain consistent blood pressure control.
- **Dose Adjustment**: Dosage may be adjusted based on the patient's blood pressure response.

#### **Contraindications:**

- Hypersensitivity to Telmisartan or any of its components.
- Severe renal impairment or anuria.
- Pregnancy and breastfeeding.
- Hyperkalemia.

### **Precautions:**

- **Renal Function**: Monitor renal function and electrolytes regularly, particularly in patients with renal impairment.
- **Electrolyte Imbalance**: Patients should be monitored for signs of electrolyte imbalances such as hyperkalemia, hypokalemia, or hyponatremia.
- **Hypotension**: Caution is advised when starting treatment, especially in patients with a history of volume depletion or salt depletion.

• **Hepatic Impairment**: Use with caution in patients with liver disease.

#### **Adverse Effects**:

- Common: Dizziness, fatigue, back pain, and upper respiratory tract infections.
- Serious: Renal impairment, hyperkalemia, hypotension, and liver enzyme abnormalities.

## Storage:

- Store below 25°C in a cool, dry place.
- Protect from light and moisture.
- Keep out of reach of children.

Manufactured in India for:



(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for